

Microbiological Quality of Water in Fulani Settlements in Gidan Kwano, Minna, Niger State, Nigeria

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Abstract The study was conducted to determine the microbiological quality of drinking water sources in Fulani settlements in GidanKwano, Minna, Niger state. Thirty water samples were collected from streams, wells and taps and examined for Total coliform and Total viable counts (TVC) using the multiple tube fermentation tests and the pour plate technique respectively. Isolates were identified using standard biochemical tests. All the water sources were found to contain coliforms in numbers exceeding the SON standards for water. The total viable counts for all the water sources also exceeded the limit; 100 cfu/ml for water. Most Probable Number of coliforms ranged from 3 MPN/100ml to 1100 MPN/100ml. All water sources were contaminated the following bacterial pathogens *Citrobacterdiversus*, *Citrobacterfreundii*, *Klebsiellapneumoniae*, *Proteus vulgaris*, *Salmonella enteric* and *Serratiamarcescens*. The study revealed a contamination of all water sources in the study area. It is therefore suggested that Hygiene practices should be improved so as to reduce contamination by microbial flora.

Keywords Microbiological Quality, Water, Fulani Settlements

1. Introduction

The microbiological quality of water used for human consumption is crucial as it influences human health. It can be contaminated by a wide variety of microorganisms some of which are pathogenic. Contamination of drinking water with human or animal excreta is frequently associated with diseases in man. The occurrence of such diseases can be reduced through efficient water treatment processes but water analysis is essential; particularly in the absence of such processes.

International standards for water quality are targeted at ensuring the absence of pathogenic microorganisms in drinking water because water contamination with pathogenic microorganisms has been commonly associated with the transmission of infectious diseases that have caused serious illnesses and associated mortality worldwide[1]. The essential parameters recommended by WHO for the monitoring of water supplies are: *Escherichia coli* and thermo-tolerant coliforms accepted as suitable substitutes, Chlorine residual (if chlorination is practiced), pH and Turbidity [2]. *Escherichia coli* and thermo-tolerant coliforms are used because these organisms are indicative of faecal pollution. As such, they are referred to as indicator

organisms. They are comparatively easy to isolate and enumerate and, their presence infers that pathogens may also be present. Furthermore, colony counts of these organisms can also give an indication of the overall microbiological quality of the water.

The microbiological assessment of a particular water resource provides up to date information on the quality and safety of the water; hence, it is necessary to perform microbial assessment of water sources regularly to ensure continued safety of water supply within communities. This study is aimed at determining the microbiological quality of water in Fulani settlements in GidanKwano, Minna, Niger State using indicators of pollution such as total coliforms and thermo-tolerant coliforms.

2. Materials and Method

Although none of the wells had the depth of a standard deep well (30m), for the purpose of this study, the well water samples were categorized into two based on depth as shallow wells and deep wells representing wells with 0-2m depth and 9.5-10.5m depth respectively.

2.1. Sample Collection

A total of 30 samples from drinking water resources were collected for a period of 8 weeks (July to August, 2011). Water samples for analysis were collected in closed sterilized glass containers (200 ml volume) aseptically, transported to the laboratory on ice, kept at low temperature

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and analysed. The sampling bottles were legibly labelled. Well water samples were collected into sterile bottles tied with a strong twine to a piece of metal as the weight. The bottles were aseptically opened and lowered into the well. When filled, the bottles were gently raised to the surface and covered. For collection of stream water samples, water was collected aseptically midstream and covered immediately. For collection of borehole water samples, the nozzles were properly cleaned and the water left to run for about 2-3 minutes to ensure flushing of stagnant impurities in the pipe. A piece of cotton wool soaked in methylated spirit was ignited and used to heat-up the tap nozzle until it became unbearably hot to touch to avoid external contamination. The water was then allowed to run continuously for about 1 minute to cool the water after which the sample bottles were filled with water and covered carefully.

Microbiological analyses of water samples were performed as defined by the Nigerian Standards for Drinking Water Quality[3]. Total coliform and *Escherichia coli* were determined by means of the multiple tube fermentation tests[4]. The total viable counts (TVC) in the water samples were obtained using the pour plate technique. Biochemical tests were used to isolate and characterize the microorganisms present in the water.

2.2. Estimation and Isolation of Total Coliforms and *Escherichia Coli*

Microbial quality of the drinking water samples was determined using the multiple tubes fermentation test[4]. The 3-tube most probable number (MPN) method was used to estimate Total coliforms. Presumptive test was carried out using inoculated tubes of Lactose broth incubated at 37°C for 48 h. Positive presumptive tests were confirmed using Eosin methylene blue agar plates incubated at 37°C for 24 hours.

2.3. Isolation of *Salmonella* and *Shigella*

Salmonella spp. and *Shigella spp.* were isolated using *Salmonella-Shigella* agar followed by sub culturing of non-lactose fermenting colonies on nutrient agar. All the inoculated media were incubated at 37°C for 24 hours. Isolates were then identified using colonial characteristics on media as well as standard biochemical reactions.

2.4. Total Viable Counts (TVC)

The total viable counts (TVC) in the water samples were obtained using the pour plate technique[5]. Dilutions of water samples in peptone saline solution were inoculated in 1 ml aliquots into each of 15 ml molten nutrient agar in sterile petri dishes and incubated at 37°C for 24 hours. Petri dishes from dilutions containing between 25 and 250 discrete colonies were counted and the results expressed as the numbers of bacteria colonies per millilitre of the sample.

2.5. Biochemical Tests

Isolates were subjected to a number of tests to identify the organisms present using described methods[6-7]. These

biochemical tests include; Gram staining, indole, citrate utilization, Carbohydrate fermentation, hydrogen sulphide production, motility and urease.

2.6. Statistical Analysis

The total coliforms and total viable plate counts of the various water sources were evaluated using the statistical program for the social sciences (SPSS) version 16. The average coliform bacteria per 100 ml and average total heterotrophic bacteria plate counts per ml were used to evaluate the microbial quality of water in this study.

3. Results and Discussions

Water from the various sources were assigned different codes; BH was used to represent borehole water, ST was used to represent water drawn from streams, DW was used to represent water drawn from deep wells and SW was used to represent water drawn from shallow wells. The various samples of the water sources were identified using subscript numbers. Also, for the purpose of the study, mean (\bar{x}) and Standard Deviation were calculated and used for the analysis of the result.

Table 1. Total Viable Counts in Drinking Water Sources in Fulani Settlements in Gidan Kwano, Minna, Niger State

Sample	TVC (cfu/ml)
BH ₁	6×10^3
BH ₂	3×10^5
BH ₃	2×10^6
BH ₄	1×10^6
BH ₅	2×10^6
BH ₆	1×10^6
ST ₁	3×10^3
ST ₂	0
ST ₃	0
ST ₄	4×10^5
ST ₅	1×10^6
ST ₆	1×10^6
DW ₁	0
DW ₂	0
DW ₃	0
DW ₄	3×10^3
DW ₅	3×10^3
DW ₆	1×10^5
SW ₁	0
SW ₂	2×10^5
SW ₃	1×10^5
SW ₄	3×10^5
SW ₅	1×10^6
SW ₆	2×10^6
SW ₇	2×10^6
SW ₈	2×10^6
SW ₉	2×10^6
SW ₁₀	3×10^5
SW ₁₁	2×10^6
SW ₁₂	1×10^5

\bar{x} of BH: 1.05×10^6

\bar{x} of ST: 4.00×10^5

\bar{x} of DW: 1.77×10^4

\bar{x} of SW: 1×10^6

SD of BH: 8.32×10^6

SD of ST: 4.89×10^5

SD of DW: 4.04×10^4

SD of SW: 9.16×10^5

Recommended limit for TVC= 100cfu/ml (Standard Organization of Nigeria, 2007)

The Total Viable Counts per ml of the various water sources are shown in Table 1. Generally, total viable counts ranged from 0 cfu/ml to 2×10^6 cfu/ml. The highest viable count of 2×10^6 was observed most frequently in well water samples. Fifty percent of deep wells had viable count of zero. The highest mean Total Viable Count was observed in borehole water to be 1.05×10^6 cfu/ml while the lowest mean Total viable count of 1.77×10^4 cfu/ml was observed in deep wells.

The most probable number of coliforms per hundred millilitres of the various water sources is shown in Table 2. Generally the most probable number of coliforms ranged from 3 MPN/100ml to 1100MPN/100ml. The highest coliform count of 1100 MPN/100ml was mostly obtained from shallow wells. However, the lowest coliform count of 36 MPN/100ml was obtained from SW₁ and SW₅. The highest mean coliform count of 787.67MPN/100ml was observed in shallow wells while the lowest mean coliform counts of 204.33 MPN/100ml was observed in borehole water.

Table 2. Most Probable Number of Coliforms in Drinking Water Sources in Fulani Settlements in GidanKwano, Minna, Niger State

Sample	MPN/100ml
BH ₁	4
BH ₂	9
BH ₃	3
BH ₄	460
BH ₅	290
BH ₆	460
ST ₁	290
ST ₂	460
ST ₃	290
ST ₄	1100
ST ₅	1100
ST ₆	1100
DW ₁	460
DW ₂	460
DW ₃	460
DW ₄	460
DW ₅	460
DW ₆	460
SW ₁	36
SW ₂	1100
SW ₃	1100
SW ₄	1100
SW ₅	36
SW ₆	1100
SW ₇	290
SW ₈	1100
SW ₉	1100
SW ₁₀	1100
SW ₁₁	290
SW ₁₂	1100

\bar{x} of BH: 204.33

\bar{x} of ST: 723.33

\bar{x} of DW: 460.00

\bar{x} of SW: 787.67

SD of BH: 226.67

SD of ST: 410.26

SD of DW: 0

SD of SW: 467.66

Recommended limit for MPN = 0MPN/100ml (Standard Organization of Nigeria, 2007)

Bacterial pathogens were isolated from the various water resources. The various isolates were identified using various

biochemical tests. *Salmonella enterica* and *Proteus vulgaris* were isolated from only borehole water sources, *Citrobacterdiversus* was only isolated from stream water, *Serratiamarcescens* was isolated from well water sources, *Klebsiellapneumoniae* was isolated from stream and well water sources while *Citrobacterfreundii* was isolated from all water sources. Forty per cent of the water samples were contaminated with *Klebsiellapneumoniae*, 36.7% were contaminated with *Citrobacterfreundii*, 10% were contaminated with *Serratiamarcescens*, 6.7 % were contaminated with *Proteus vulgaris*, 3.3% were contaminated with *Citrobacterdiversus* and 3.3% were contaminated with *Salmonella enterica*.

Results obtained from the study show that the tap, stream and well water sources in the study area demonstrated variable microbiological characteristics. The total viable counts of 1.05×10^6 cfu/ml, 4.00×10^5 cfu/ml, 1×10^6 cfu/ml and 1.77×10^4 cfu/ml obtained in tap water, stream water, shallow wells and deep wells respectively exceeds that of 1.6×10^3 cfu/ml, 1.5×10^4 cfu/ml, 1.4×10^4 cfu/ml obtained from tap, stream and well respectively in Ogun state[8]. Also, the coliform count observed in the various sources also exceeds the values reported in Lagos and Ogun state[9],[8]. Nevertheless, as with these other reports, the total viable counts and coliform counts obtained in the study area exceeded the standard limits of the Standard Organization of Nigeria[4].

Lower viable counts were obtained from the deeper wells and vice versa. The higher coliform counts (1100 MPN/100ml) observed in some of the stream samples are likely connected to inflow of contaminated matter as a result of rainfall. The lowest viable count and coliform counts observed in SW₁ may be associated with the presence of a protective covering on the well as well as the greater distance between the well and any possible contamination source. Also, better hygiene practices were observed among users of this well.

All the water samples were contaminated with one or more bacterial pathogens. This may be attributed to the absence of treatment procedures. Contamination of the shallow wells may be the result of inflow from surface waters enhanced by rainfall[10].

It may also be linked to the use of dirty containers for drawing water from the wells which was observed among majority of the populace. These containers likely introduce microorganisms into the wells, thus, increasing the population of microorganisms in the water. Additionally, the lack of proper hygiene practices among majority of the populace also contributes to the reduced microbiological quality of the water sources. Inadequate sanitation and unhygienic practices account for the major source of microbial contamination of any potable water[11].

Contamination of wells could also be attributed to the lack of a protective covering consequently, promoting external source contamination. The isolation of pathogens from water resources is an indication that the consumption of such waters may result in the transmission of waterborne diseases.

This is because, the prevalence of water borne diseases may be casually related to the source of drinking water [12].

Despite the absence of primary fecal indicator *Escherichia coli* other coliforms such as *Citrobacterdiversus*, *Klebsiellapneumoniae* and *Citrobacterfreundii* were isolated from various water sources indicating a possible contamination with fecal matter of human or animal origin. This is indicative of the presence of other serious pathogens [2].

4. Conclusions

The total viable count and most probable number of coliforms in all the water sources did not comply with the standards. Contamination with primary fecal indicator *Escherichia coli* was not observed in any of the water sources. The microbiological quality of water sources in Fulani settlements in GidanKwano can be said to be low due to their inability to meet standards. It is therefore recommended that; hygiene practices should be improved so as to reduce contamination by microbial flora, Protective covering should be provided for all the wells to reduce external-source contamination and clean containers should be used for drawing water from the wells.

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