

Snake venoms: Valuable therapeutic weapon to combat infectious and non-infectious diseases

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ABSTRACT

Snake venoms are a complex mixture of abundant components, containing a variety of biologically active molecules, with peptides and proteins accounting for more than 95% of venom dry weight. These peptides and proteins have been isolated using different separation techniques ranging from size exclusion chromatography, ion-exchange chromatography, reversed-phase High-pressure liquid chromatography, affinity chromatography, reversed-phase High-pressure liquid chromatography, and electrophoretic techniques. Both crude and isolated fractions of venom from different species of snakes have been explored for pharmacological application. Catalytic proteins including phospholipase A₂, L-amino acid oxidase, hyaluronidases and proteases as well as bradykinin-potentiating peptides are the most widely studied snake venom components. Interestingly, these components of venoms have been shown to be promising drug leads for the production of new therapeutic agents. Although, venoms from different genera of snakes have been proven to be pharmacologically relevant, those belonging to genera, *Bothrops*, *Ophiophagus*, *Crotalus*, *Naja*, and *Vipera* tend to be more relevant and have been explored for same purpose. Snake venom components have been used in the treatment of numerous diseases including infectious diseases such as bacterial, fungal, viral, and protozoan infections, and non-infectious diseases such as cancer, cardiovascular diseases, and diabetes. Further, there are commercially available drugs made from snake venoms for the treatment of different diseases. However, strict promising drug leads for development of drugs for a number of diseases. However, strict care must be taken in dosage selection in order to avert morbidities and perhaps mortality associated with snake venoms at toxic dose.

Keywords: snake venom, phospholipase A₂, proteases, amino acid oxidase, infectious diseases

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INTRODUCTION

Snake venom is a complex mixture of abundant components, containing a variety of biologically active molecules with peptides and proteins accounting for more than 95% of snake venom dry weight (the other 5% contain lipids, carbohydrates, and biogenic amines) (Tasoulis *et al.*, 2022). These proteins perform various functions aiding in capturing and digestion of prey after envenomation. Some proteins function as

enzymes catalyzing chemical reactions that disrupt coagulation and induce hemorrhage, while others interfere with cellular receptors, causing paralysis. The venom's effects on the body can be hemotoxic, cytotoxic, or neurotoxic leading to blood cell damage, tissue inflammation, or nervous system disruption, respectively. The specific physiological impacts depend on the snake species and venom composition (Oliveira *et al.*, 2022). Snake venom composition

can be divided into two groups of proteins and peptides: enzymatic and non-enzymatic molecules (Akhtar *et al.*, 2021). Enzymatic molecules are proteins with catalytic sites and activity, able to speed up chemical reaction rates in the presence of substrate. The most common and abundant enzymatic molecules are snake venom phospholipases A2 (PLA2), snake venom metalloproteinases (SVMP), snake venom serine proteases (SVSP), and L-amino acid oxidases (LAAO) (Rodríguez-Argas *et al.*, 2023). The second group is the non-enzymatic molecules found in snake venom. These include neurotoxins, affecting the nervous system; cardiotoxins, affecting the heart; and cytotoxins, damaging cells. The most common non-enzymatic molecules are three-finger toxins (3FTx), Kunitz peptides (KUN), disintegrins (DIS), and cysteine-rich secretory protein (CRISP) (Hus *et al.*, 2024).

Many of the components of venom have been isolated, characterized, and assessed for their biological actions. Their medical utility was rapidly discovered (Diniz-Sousa *et al.*, 2023). Animal venom studies initially began with the enthusiasm of understanding animal envenomation and associated medical treatments (Diniz-Sousa *et al.*, 2023). Subsequently, additional reasons that make animal venoms attractive to researchers around the world are the richness, specialization, and efficiency of their components: most of these components are peptides that affect with high selectivity and affinity a large number of targets such as membrane receptors, ion channels, enzymes or various hemostatic pathways (Lodato *et al.*, 2023). From the early 17th century, the Italian naturalist Felice Fontana illustrated the influence of snake venoms on blood coagulation (Suseel *et al.*, 2023).

Chronic diseases, including CVDs, cancer, diabetes, and chronic pain, are the leading causes of death and disability worldwide. These conditions have been treated using drugs derived from Viperidae and Elapidae venoms. For example, Captopril, used for hypertension and diabetic nephropathy, was developed from the bradykinin-potentiating peptide (BPP) in snake venom (Bedraoudi *et al.*, 2023). Disintegrins (DIS), peptides isolated from snake venoms and act as anti-coagulant agents, inhibiting platelet aggregation and promoting hemorrhage, resulted in the development of Eptifibatid and Tirofiban, two FDA-approved drugs for the treatment of acute coronary syndrome. Among approved venom-derived molecules for the treatment of chronic diseases and pain, we find Captopril, Enalapril, Eptifibatid, Tirofiban, Defibrase, Reptilase, and Cobratid that have either been approved by the FDA (USA), the EMA (Europe), or the National Medical Products Administration (NMPA) (China) (Ladato *et al.*, 2023; Messadi, 2023; de Oliveira *et al.*, 2023).

Pharmacological Potentials of Snake Venoms

Snake venoms have been presented to be an essential tool in medicine owing to the presence of wide range of bioactive principles in them. These bioactive principles; enzymatic and non-enzymatic, have been implicated in the treatment of various diseases including infectious and infectious diseases.

Treatment of Infectious Disease

A number of diseases caused by microorganisms including bacteria, fungi, protozoans, and virus have been treated or managed using venoms from different species of snakes. Below are infectious

diseases that have been treated/or managed using snake venoms.

Antiprotozoal effects of snake venoms

Protozoans have been reported to cause diseases that are life-threatening in both human and animals. However, snake venoms have been shown to possess the potentials of inhibiting their growth, targeting different stages of their life-cycle. Crude venom of *Bothrops moojeni* has been found to inhibit the growth of W2 strain of *Plasmodium falciparum in vitro*. The basic phospholipase A2 isolated from Paraguayan *Bothrops diporus* has also been linked with the same inhibitory effect, also targeting the W2 strain of *P. falciparum* (Vitorino et al., 2020). Vitorino et al. (2020) also reported PLA2s, BdTX-1, BdTX-II, and BdTX-III venom fraction of *Bothrops diporus* to inhibit the growth of W2 strain of *P. falciparum*. A study by Abdullahi et al. (2021) revealed that venom fraction of *Naja naja oxiana* inhibited the growth of *P. falciparum* by inhibiting intraerythrocytic development of the parasite. According to Abdullahi et al. (2021), p-Acl and p-AclR7 fractions of *Agkistrodon contortrix* exerted cytotoxic actions against *Leishmania. amazonensis* and *Leishmania. infantum*, respectively. Also, venom fraction NNOV-FK from *Naja naja oxiana* inhibited the growth of *Leishmania tropica* by significantly increasing the levels of TNF- α , interleukins-12 and iNOS gene while drastically reducing the level of IL-10 (T helper 2 markers) (Abdullahi et al., 2021). Also, Almeida et al. (2023) reported BatxC fraction of venom of *Bothrops atrox* to inhibit all the developmental stages of *Trypanosoma cruzi* with high selective index of 315, and also caused necrosis. In addition, acidic PLA2s, BasPAC-I, BASPAC-II, BASPAC-III, and BASPAC-IV from

venom of *Bothrops asper* exerted substantial inhibition against *L. infantum* promastigotes and *T. cruzi* epimastigotes with 30% anti-parasitic activity. The basic PLA2s BASPB-II, and BASP-IV inhibited the growth of *P. falciparum* with 30% anti-parasitic activity, whereas the crude venom substantially inhibit the parasites with IC₅₀ of 8.60 and 34.70 μ g/mL against *L. infantum* promastigotes and *T. cruzi* epimastigotes. Soares et al. (2020) reported ML-LAAO venom fraction of *Micrurus lemniscatus* to inhibit the growth of *L. amazonensis* and *L. chagasi in vitro* in a concentration-dependent fashion. The crude venom of *Naja nigricollis* and *Bitis arietans* have been respectively shown to exhibit trichomonocidal potency against *Trichomonas vaginalis*. BlussuLAAO-II venom fraction of *Bothrops jararacucu* and BmooLAAO-II venom fraction of *Bothrops moojeni* to be cytotoxic to *L. amazonensis* and *L. braziliensis* respectively (Abdullahi et al., 2021). Furthermore, crude venom and BmatTX-IV of *Bothrops mattogrossensis* was found to inhibit the cellular viability of *L. infantum* promastigotes *in vitro* and *T. cruzi* epimastigotes respectively (Alfonso et al., 2019).

Antibacterial effects of snake venoms

Venoms from different snake species have potency to significantly inhibit the growth both Gram positive and Gram-negative bacteria. Crude venom of Ophiophagus hannah was reported to inhibit the growth of *S. aureus*, *E. coli*, *S. epidermis*, *S. saprophyticus*, *S. lugdunensis*, and *E. faecalis* with MIC of 8.00, 8.00, 4.00, 4.00 and 8.00 μ g/mL, respectively. LAAO from different snake species including (Kurfi et al., 2022) reported bactericidal activity of LAAO from venom of *Bothrop alternata*

against *E. coli* and *S. aureus* respectively in a concentration-dependent manner with maximum activity being observed at 48 µg/mL. Similarly, Alves et al. (2020) reported LAAO from *Bothrops marajoensis* to significantly inhibit the growth of *S. choleraesuis*, *S. aureus*, *E. coli*, and *P. aeruginosa*. In addition, L-amino acid oxidase (LAAO) from venom of *Bothrop leucurus* was found to inhibit the growth of *S. aureus* in a concentration-dependent manner with maximum inhibition being observed at 100 µg/mL (Alves et al., 2020). LAAO isolated from venom *Crotalus durissus* has been reported to inhibit the growth of *Xanthomonas axonopodis* and *Staphylococcus mutans* with IC₅₀ values of 35 and 12.3 µg/mL respectively. (Bocian & Hus, 2020) The antibacterial activities of LAAO have been strongly linked to the production of H₂O₂ by the enzyme which triggers apoptosis in the bacteria (Bocian & Hus, 2020). Similarly, PLA2s from different snake species have been reported to possess antibacterial potential. For example, *Bothrops marajoensis* was reported to exert bactericidal action against the growth of different bacterial species including *S. choleraesuis*, *S. aureus*, *E. coli*, and *P. aeruginosa* in a concentration-dependent fashion with an IC₅₀ of 32.25 µg/mL (Alves et al., 2020). In addition, PLA2s isolated from venom of *Porthidium nasutum* inhibited the growth of *S. aureus* with an MBC and MIC of 32 and 16 µg/mL respectively. However, this PLA2 was not active against *E. coli* (Teodoro et al., 2022).

Antifungal effects of snake venoms

Fungal diseases kill more than 1.5 million and affect over a billion people globally (Bongomin et al., 2022). However, they are still regarded as neglected tropical disease

by public health authorities even though most deaths from fungal diseases are avoidable. Serious fungal diseases are as a consequence of other health problems including asthma, AIDS, cancer, organ transplantation, and corticosteroid therapies (Bongomin et al., 2022).

Antifungal potential of metalloproteinases and PLA2s from venom of *Crotalus durissus camanensis* against *Candida parapsilosis* and *Sporothrix schenckii* have been reported (Cañas, 2022). Also, crotamine from the venom of *Crotalus durissus terrificus* exerted inhibitory effects against similar fungi (Hayashi et al., 2022). Furthermore, LAAO from *Bothrops marajoensis* has also been reported to possess antifungal effect against *Candida albicans* (Alves et al., 2020).

Antiviral effects of snake venoms

Like other microorganisms, viruses have also been inhibited by snake venoms from different species of snakes. El-Bitar et al. (2018) reported venom of *Cerastes vipera* to exert antiviral activity against Hepatitis C virus with an IC₅₀ of 1 ng/ml and CC₅₀ of 1000 ng/ml. The selective index of the snake venom was found to be 1000-fold than the IC₅₀. In an *in vitro* study, Yonys et al. (2019) evaluated the virucidal activity of venom of *Naja Nubiae* against Rift Valley Fever virus (RVFV) and Herpes Simplex Virus Type -1 (HSV-1) using cell lines and reported that the venom possesses virucidal activity against the two viruses. However, RVFV was found to be more susceptible to the venom than HSV-1. In another study, PLA2s from isolated from venoms of *Bungarus fasciatus*, *Vipera ursinii renardi*, and *Viper v. nikel* respectively were shown to exhibit virucidal activities against HIV-1. It was revealed that dimeric PLA2s H and HDP-2 were only the phospholipase

2 found to inhibit HIV-1 RNA replication with the IC_{50} values of 0.67 and 0.28 $\mu\text{g/ml}$, respectively. Furthermore, PLA2s (Var-PL2, HDP-1, HDP-2, HDP-III, HDP-2P, and HDP-2P-inact) isolated from the venoms of *V. nikolskii* and *V. ursini* vipers have been reported to exhibit strong virucidal activity against SARS-CoV-2 and inhibit the viral spike glycoprotein interaction with ACE2 with IC_{50} values of 1.00, 0.08, 0.17, 2.71, 0.06, and 4.17 $\mu\text{g/ml}$, respectively (Siniavin *et al*, 2022).

Treatment of non-infectious diseases

Snake venoms have been employed not only in the treatment and/or management of infectious diseases, but they have also been integral part of modern medicine in the treatment of non-infectious diseases affecting humans and animals.

Cancers

Cancers are a large group of non-communicable diseases that causes morbidity and mortality globally. Cancer results from genetic or epigenetic factors, which alter genetic makeup leading to uncontrolled cell growth in tissues or organs of the body (Kalita *et al*, 2024). The leading cause of cancer-associated deaths is as a result of metastasis, whereby the abnormally dividing cells grow uncontrollably and invade other parts of the body (Kalita *et al*, 2024). The current treatments for cancers include chemotherapy, radiotherapy, immunotherapy, and surgery. The cytotoxic effects of snake venom and its toxins lead to damage to cells and tissues. These venom-based toxins with cytotoxic effects can be harnessed and used as potential anticancer agents (Ma & Kwok, 2022). Crude venoms of different snake species have been explored in search for

potent anticancer bioactive principles. Crude venoms of *Naja haje*, *Naja nigricollis*, *Cerastes cerastes*, *Leturus crude*, *Leturus pure* have been tested on different cancer cell lines (vero, MCF-7, MEC-7, and CACO-2). These venoms showed appreciable anticancer activities against all the cell lines. However, venom of *Cerastes cerastes* showed the highest anticancer activity. It was found that the cytotoxicity to normal cells (MRC-5) was much lower than those of cancer cells (CACO-2 and MCF-7) (Alyan *et al*, 2014). Also, in an *in vivo* study by administration of venoms of *C. cerastes* and *N. Haje* led to significant up regulation of pro-apoptotic genes (P53 and BAX) with concomitant down regulation of anti-apoptotic gene (Bcl-2) which favour apoptosis of cancer cells (Alyan *et al*, 2014). Furthermore, Ofor & Piater, (2024) reported cytotoxins 1N, 2N, 3N, and 4N isolated from venom of *Naja nigricollis* to exert toxic effects on non-small cell lung adenocarcinoma A549 cells, breast adenocarcinoma MDA-MB-231 cells, and colorectal adenocarcinoma HT-29 cells, with attractive LC_{50} values. However, these toxins also induced hemolysis of normal cells, human umbilical vein endothelial HUVEC cells and mouse red blood cells (RBC) which they were also tested against. As result, the development of anti-cancer drug using venom has been limited.

Cardiovascular diseases

Cardiovascular diseases (CVDs) are a vast group of heart and blood vessels diseases of various etiologies. They lead to impairment of the normal functions of various organs and, in severe cases, death (Osipov *et al*, 2023). They put a huge burden on health care systems and the economy around the world. According to WHO, more than 17 million people die

from heart diseases every year. By 2030, this number is estimated to exceed 23 million. Currently, a large number of drugs with various mechanisms of actions exist, and they are used for the treatment of CVDs. These drugs are however associated with adverse side effects (Osipov *et al.*, 2023). A number of snake venom components, most especially the non-enzymatic components, have been found to profoundly possess cardioprotective effects. Bradykinin-potentiating peptides have been reported to inhibit the conversion of angiotensin I to angiotensin II by the enzyme angiotensin-converting enzyme (ACE) thus lowering the blood pressure through decrease in the concentration of angiotensin II and increase in the concentration of bradykinin (Guo *et al.*, 2021). Natriuretic peptides have also been reported to reduce calcium influx into the muscle cells by interacting with natriuretic peptide receptors A, B, and C thus lowering blood pressure through reduction in vascular resistance and decrease in the volume of circulating blood (da Silva *et al.*, 2021 and Ichiki *et al.*, 2022). Sarafotoxins Increased vasoconstriction followed by narrowing of the bronchi and increased airway resistance as well as an increase in hydrostatic pressure of microvessels in the lungs, which leads to their edema. Failure of various parts of the heart, mainly the left ventricle (Galli *et al.*, 2020 and Van Baelen *et al.*, 2022). These toxins elicit its effects by interacting with Endothelin type A (ETA) and B (ETB) receptors. Furthermore, three-finger toxins interact with cell membranes, adrenergic receptors, and cholinergic receptors resulting in the suppression of contractility and irreversible contracture of the myocardium; lowering blood pressure; cardioprotection (Averin *et al.*, 2022). Cysteine-rich secretory proteins

(CRISPs) also cause inhibition or activation of aortic smooth muscle contraction by exerting actions on Voltage-gated ion channels (Tadokoro *et al.*, 2020). Alternagin-C stimulates Enhancement of cardiac activity, protection against hypoxia/reoxygenation-induced cardiomyocyte negative inotropism by binding to Integrin $\alpha 2\beta 1$ and VEGFR-2 (Monteiro *et al.*, 2022). Endothelial vascular growth factors have been reported to possess cardioprotective effect by causing reduction in reperfusion injury to the heart and infarct size. This effect is instigated by their interaction with Receptor tyrosine kinases VEGFR-1, VEGFR-2, and VEGFR-3 (Ferreira *et al.*, 2021 and Messadi, 2023).

Antidiabetic effects of snake venom

Diabetes is a chronic disease resulting from impaired insulin secretion and function, leading to persistent hyperglycemia and its severe complications. The treatment for type I diabetes involves insulin injections while type II diabetes treatments include metformin and sulfonylureas, along with lifestyle changes. This medicine can be expensive and associated with adverse side effects (Shahdadi *et al.*, 2024). Therefore, the search for new therapeutic agents continues. Snake venoms being a reservoir of diverse proteins and peptides have proven to find its application in the treatment of diabetes. Da Silva *et al.* (2023) reported that peptides isolated from the venom of *Crotalus duris terrificus* lowered blood glucose level to 37% at a dose of 0.2 mg/mice in rat with high-fat diet. Similarly, antidiabetic potency of venom of *Naja oxiana* was evaluated in diabetic rat models induced with streptozotocin and nicotinamide. In either of the r

of induction, the venom caused significant decrease in fasting blood glucose of the diabetic rats at dose of 0.2 mg/kg body weight (Shahdadi *et al.*, 2024). In a study by PLA2s isolated from the venom of *N. nigricollis* stimulated insulin release from rat clonal β -cells with about 6-fold increase in the rate at a concentration of 1 μ M.

CONCLUSION

Despite the fearfulness and danger of snakes in them of morbidities and mortalities associated with their bites, snake venoms remain an important depot of vast number of bioactive compounds mainly proteins and peptides which are either enzymatic or non-enzymatic. These bioactive proteins/peptides have potential to be employed as leads in the design of drugs for the treatment of different diseases including infectious and non-infectious ones. In addition to available FDA-approved drugs from snake venoms which are majorly cardio-protective drugs, there are numerous drugs that can be designed using snake venoms as leads to help human combat life-threatening diseases such as cancers, diabetes, among others.

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