

# Natural multi-occurrence of mycotoxins in rice from Niger State, Nigeria

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Received: 22 May 2010 / Revised: 16 November 2010 / Accepted: 17 November 2010 / Published online: 12 January 2011  
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**Abstract** Twenty-one rice samples from field (ten), store (six) and market (five) from the traditional rice-growing areas of Niger State, Nigeria were analysed for aflatoxins (AFs), ochratoxin A (OTA), zearalenone (ZEA), deoxynivalenol (DON), fumonisin B<sub>1</sub> (FB<sub>1</sub>) and B<sub>2</sub> (FB<sub>2</sub>), and patulin (PAT) by thin-layer chromatography (TLC) and high-performance liquid chromatography (HPLC) respectively. T-2 toxin was determined using TLC only. AFs were detected in all samples, at total AF concentrations of 28–372 µg/kg. OTA was found in 66.7% of the samples, also at high concentrations (134–341 µg/kg) that have to be considered as critical levels in aspects of nephrotoxicity. ZEA (53.4%), DON (23.8), FB<sub>1</sub> (14.3%) and FB<sub>2</sub> (4.8%) were also found in rice, although at relatively low levels. T-2 toxin was qualitatively detected by TLC in only one sample. Co-contamination with AFs, OTA, and ZEA was very common, and up to five mycotoxins were detected in a single sample. The high AF and OTA levels as found in rice in this study are regarded as unsafe, and multi-occurrences of mycotoxins in the rice samples with possible additive or synergistic toxic effects in consumers raise concern with respect to public health.

**Keywords** Mycotoxins · Co-occurrence · Rice · Chromatography · Nigeria

## Introduction

Fungi are ubiquitous plant pathogens and so are major spoilage agents of foods and feedstuffs. The infection of plants by various fungi not only results in reduction in crop yield and quality, with significant economic losses, but also contamination of grains with poisonous fungal secondary metabolites called mycotoxins. The ingestion of such mycotoxin-contaminated grains by animals and human beings has enormous public health significance, because these toxins are capable of causing diseases in man and animals (Bhat and Vasanthi 2003). Of greatest concern is the relevance of these toxins in human hepatoma and oesophageal cancer (Shephard 2008).

There are hundreds of mycotoxins found in foods, but those that pose the greatest risk to human and animal health are aflatoxins (AFs), trichothecenes [e.g. deoxynivalenol (DON), T-2 toxin], fumonisins (FBs), zearalenone (ZEA), patulin (PAT) and ochratoxin A (OTA) (CAST 2003). The AFs, especially the most potent, AFB<sub>1</sub>, are primarily known hepatotoxins and hepatocarcinogens, which were the cause of death of 215 people in Kenya who consumed highly AF-contaminated maize meals in 2004 (CDC 2004). Trichothecenes are a group of about 150 related compounds that are protein inhibitors with consequent immunosuppressive effects, causing severe damage to the digestive tract and death due to intestinal haemorrhage. The commonest trichothecenes are DON and T-2 toxin (Sudakin 2003). Fumonisins, especially fumonisin B<sub>1</sub> (FB<sub>1</sub>) cause liver and kidney cancer, and neural tube defects in rodents, leukoencephalomalacia in horses and pulmonary oedema in pigs

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(Dutton 1996). Of major concern is the association of FB<sub>1</sub> with elevated incidence of human oesophageal cancer in parts of South Africa, North Eastern Iran and China, upper gastrointestinal tract cancer in Northern Italy (Chu and Li 1994; Rheeder et al. 1992; Sydenham et al. 1990) and neural tube defects in human babies (Hendricks 1999). ZEA, an oestrogenic toxin that causes infertility in animals, is associated with outbreaks of precocious pubertal changes in children in Puerto Rico, and has been suggested to have a possible involvement in human cervical cancer (Zinedine et al. 2007). OTA causes kidney and liver impairment in animals (especially pigs) and man (Hussein and Brasel 2001).

The established presence of these major mycotoxins and the fungi that produce them in rice in several parts of the world (Reddy et al. 2008) demonstrates that cereal supports growth of fungi and mycotoxin production. Apart from the suitability for fungal development and mycotoxin production, rice is highly cultivated and consumed worldwide and this makes it one of the most important principal sources of mycotoxins to human beings and animals in the world. It is the world's most extensively cultivated crop after wheat and a staple food of nearly 50% of the total world population (FAO 2002). In Nigeria, rice is the sixth most cultivated crop after sorghum, millet, cowpea, cassava and yam. According to the FAO Statistics Division, Nigeria produced about 4.7 million tones of paddy rice in 2007, making it the second largest producer of rice in Africa after Egypt (FAO 2008). In spite of this amount produced, Nigeria imported about 1.6 million tones of rice (USDA 2008b) and consumed about 4.9 million tones in 2008 (USDA 2008a), making it the third world's major rice importing country after Iran and Philippines. The deficit in the national annual demand for rice is an indication of a cereal that is highly consumed in the country. Rice is grown primarily for the market in Nigeria (Erenstein and Lancon 2003) and therefore has a wider distribution and hence a more likely source of mycotoxins than most other crops.

Niger State is the traditional rice growing area of Nigeria with the second highest rice yield of the six major rice-producing states in the country (Erenstein and Lancon 2003). It contributes about 16% of the national rice produce of the country (Ezedinma 2005). It is a generally hot and humid (average annual temperature of 31.7°C and average humidity of 51.6%) middle-belt state of Nigeria. These climatic conditions are very favourable for fungal growth and mycotoxin production in foods and feeds. In spite of its strategic position as a national food basket, there is a general paucity of information on mycotoxins, particularly on rice, in the state and indeed in the whole country, except for a few reports (Makun et al. 2007, 2009). The present study is, therefore, a survey for the major mycotoxins (AFs B<sub>1</sub>, B<sub>2</sub>, G<sub>1</sub> and G<sub>2</sub>, OTA, ZEA, FBs B<sub>1</sub>, DON, T-2 toxin

and PAT) in rice grown in Niger State. The generated incidence data and profile of mycotoxins of the widely distributed and highly consumed staple, rice, grown in a leading food-producing state of Nigeria, from this study was aimed at establishing the quality of Nigerian grown rice. This study also aimed to elucidate the types of animal and human diseases expected from our diets and the extent of risk to mycotoxicoses.

## Materials and methods

### Materials

All reagents used were of analytical grade and the solvents used for HPLC were of HPLC grade obtained from Merck or Sigma unless otherwise stated.

#### 1. HPLC equipment

HPLC analysis was performed using a Shimadzu system (Kyoto, Japan), consisting of liquid chromatograph LC 20A fitted to degasser DGU 20A3, auto sampler (injection) SIL 20A, communications bus module CBM 20A, column oven CTO 20A, photodiode array detector SPD M20A and fluorescence detector RF 10AXL, all connected to a gigabyte computer with Intel Core DUO with Microsoft XP. It was fitted with a Symmetry column (250 × 4.6 mm i.d., 5 µm particle size) with a Waters Sentry guard column (Waters, Milford, USA).

#### 2. SAX cartridge (ANATECH, Gauteng, South Africa)

#### 3. Mycotoxin standards

AFs B<sub>1</sub>, B<sub>2</sub>, G<sub>1</sub> and G<sub>2</sub>, OTA, ZEA, DON, T-2 toxin and PAT standards were obtained from Sigma, St. Louis, Mo., USA. FBs B<sub>1</sub>, B<sub>2</sub> and B<sub>3</sub> were purchased from PROMEC, MRC, South Africa.

### Sampling

Twenty-one rice samples from the fields (ten), storage facilities (six) and markets (five) were randomly collected through donations and purchases in December 2008 from 21 villages in the traditional rice growing area of Niger State. The samples (about 0.5 kg each) were put in sealed plastic bottles and transported to our laboratory in South Africa where they were stored in the deep freezer at -20°C until used for analysis.

### Mycotoxin extraction and clean-up of rice samples

A multi-mycotoxin extraction method (multi-mycotoxin screen) devised by Patterson and Roberts (1979) was used for extractions of all the AFs, ZEA, OTA, DON, T-2 toxin,

and PAT. The toxins were extracted into aqueous acetonitrile containing potassium chloride and the toxins further extracted with dichloromethane with added sodium bicarbonate to obtain a neutral (N) fraction and after reacidification to obtain an acid (A) fraction. The N fraction was subjected to dialysis against 30% aqueous acetone overnight and then back-extracted into dichloromethane. The two fractions were evaporated and dried under a nitrogen gas stream and stored in sealed vials. A different extraction method to that for the other mycotoxins was used for FBs. Extraction of FBs and clean-up were done according to the method of Sydenham et al. (1992) without modification.

#### Thin-layer chromatographic technique

The mycotoxins in the neutral and acid fractions were detected by a two-dimensional thin-layer chromatographic technique of Patterson and Roberts (1979) without modification. The neutral fractions were subjected to two-dimensional chromatography for AFs, ZEA, DON, T-2 toxins and PAT, while the acid fractions were analysed for OTA. The developing solvents for the first and second runs for AFs, OTA, DON, T-2 toxin and PAT were dichloromethane/ethyl acetate/propan-2-ol (90:5:5 v/v/v) and toluene/ethyl acetate/formic acid (6:3:1) respectively. After the second run, the plates for AFs and OTA analysis were dried and visualized under UV radiation at wavelength of 365 nm. TLC plates for trichothecenes and PAT analysis were derivatized with chromotropic acid (Baxter et al. (1983) and 3-methyl-2-benzothiazolinone hydrazone hydrochloride (0.5%) in water respectively. The plates for ZEA analysis were run twice in dichloromethane/acetone (9:1 v/v) and derivatized with cold dianisidine reagent prepared according to Malaiyandi et al. (1976). Plates for FB analysis were developed in dichloromethane/methanol/acetic acid (80:20:2 v/v/v) and butanol/water/acetic acid (12:5:3 v/v/v) respectively. FBs were visualized as purple spots on the dried plates that were sprayed with *p*-anisaldehyde reagent, followed by heating for 3 min at 120°C.

#### High-performance liquid chromatographic analysis of rice sample extracts

AFs, ZEA, OTA, DON, FBs and PAT were quantified in the appropriate fractions of the rice sample extracts by HPLC. AFs (AFB<sub>1</sub>, AFB<sub>2</sub>, AFG<sub>1</sub> and AFG<sub>2</sub>) were individually determined using HPLC with fluorescence detection after post column electrochemical derivatization with bromine using KOBRA cell (Reif and Metzger 1995). The eluent was water/methanol (58:42 v/v) with the addition of 119 mg potassium bromide and 100 µl nitric acid (65%) per litre at a flow-rate of 0.8 ml/min (isocratic). The AFs were

detected using a scanning fluorescence detector ( $\lambda_{\text{ex.}} = 360 \text{ nm}$ ,  $\lambda_{\text{em.}} = 440 \text{ nm}$ ).

ZEA was analysed by fluorescent detector at excitation and emission wavelengths of 274 nm and 418 nm respectively, in accordance with the method of Abdulkadar et al. (2004). The injection volume was set at 20 µl, while the mobile phase (acetonitrile/water, 45:55 v/v) was pumped at the flow rate of 1 ml/min. OTA analysis was performed by fluorescence detection as described by Ghali et al. (2009). The mobile phase (acetonitrile/water/acetic acid, 50:48:2 v/v/v) was pumped at a flow rate of 1 ml/min. Respective fluorescence excitation and emission wavelengths of 334 nm and 460 nm were used.

Residues for FB analysis were reconstituted in methanol, and aliquots derivatized with *o*-phthaldialdehyde (OPA) prior to separation on a reversed-phase HPLC system using fluorescence detection at excitation and emission wavelengths of 335 and 440 nm respectively (Shephard et al. 2000). The isocratic mobile phase made up of 0.1 mol/l sodium dihydrogen phosphate/methanol (80:20) that had its pH adjusted to 3.5 using orthophosphoric acid, was pumped at a flow rate of 1 ml/min. The injection volume was 20 µl. The operating conditions for the determination of PAT by HPLC using the diode array detection method (Moukas et al. 2008) were: the mobile phase, water/acetonitrile/perchloric acid (990:10:1) injected at a flow rate of 1 ml/min. The injection volume was 50 µl. The detection of PAT was performed by scanning from 220 to 360 nm wavelength range. Maximum absorption of PAT was at 276 nm. DON was analysed on a photodiode array detector at 220 nm according to the method described by Igor et al. (2008). The mobile phase was acetonitrile/water (16:84 v/v) and was pumped at a flow rate of 0.6 ml/min. The injection volume was 20 µl. Mycotoxins were quantified using retention time, peak area and external calibration curves.

#### Validation of mycotoxins analytical methods

In addition to using validated methods, internal and external quality control experiments were conducted in order to evaluate the reliability of the extraction, TLC and HPLC results. The typical parameters for validation of methods namely specificity, accuracy, linearity and detection limits as recommended by Araujo (2009) were determined. The limit of detection was estimated by visual determination. Known concentrations of mycotoxin standards were prepared and successively diluted and subjected to TLC and HPLC until the minimum concentration at which the analyte can be detected was established. This was taken as the limit of detection. Rice samples that were shown by TLC not to contain mycotoxins or those with known mycotoxin concentrations were spiked with 100 µg/kg of AFs, OTA, ZEA and PAT for determination of recoveries, a

spiking levels of 500 µg/kg was used for DON and FBs. Linearity of the HPLC method was checked from correlation coefficients of the calibration curves of the known concentrations of the standards. The  $R_F$  values and retention time of the mycotoxin standards are indicative of the specificity of the methods.

Table 1 provides the typical method validation parameters that were determined in order to ensure the reliability of the methods employed in this work. The chromatographic separation, the low detection limits of both HPLC and TLC, and the recoveries of 69.7–95.6% for the various mycotoxins indicated that the sensitivity and reliability of the methods employed was sufficient for the purpose of food analysis. All analytical data were subjected to statistical analysis using SigmaStat 3.5 for Windows (Systat, Chicago, Ill., USA).

## Results and discussion

The amount of data concerning mycotoxins in rice from Nigeria was very limited. Except for the work of Makun et al. (2007), who reported the presence of AFB<sub>1</sub>, ZEA and OTA in mouldy rice, all other studies from this country are restricted to AFs (Ikeorah and Okoye 2005). However, Ayejuyo et al. (2008) assessed and found OTA in imported rice marketed in Lagos metropolis. The present work provides for the first time the mycotoxin profile of rice from Nigeria with respect to seven of the most important mycotoxins worldwide, namely AFs, OTA, ZEA, DON, T-2 toxin, FBs and PAT. Table 2 summarizes the incidence and concentration data of each mycotoxin as identified and quantified using TLC and HPLC respectively. All myco-

toxins identified by TLC were quantified using HPLC except for T-2 which for lack of experimental materials was not analysed at HPLC level. The concentration values reported in this study were adjusted based on the recovery rates obtained. The survey has shown AFs, OTA, ZEA, FBs, DON and T-2 toxin as contaminants of rice from Nigeria. The lower detection limit and hence higher sensitivity of HPLC over TLC as shown on Table 1 explains the higher incidence of ZEA (11), DON (five) and FB<sub>1</sub> (three) observed with HPLC compared with TLC (six, three and zero, respectively). TLC could not detect ZEA, DON and FB<sub>1</sub> at concentrations below 20 µg/kg, 100 µg/kg, and 50 µg/kg in five, three, and three samples respectively.

High frequencies of AFs (100%), OTA (66.7%) and ZEA (53.4%) were found in this study (Table 2), while the other mycotoxins were found less frequently (DON 23.8%, FB<sub>1</sub> 14.3%, FB<sub>2</sub> 4.8%) or were not found at all (FB<sub>3</sub>, PAT). These results confirm our earlier work (Makun et al. 2007). The mean mycotoxin concentration values observed in the previous study (AFB<sub>1</sub>, 200.19 µg/kg; ZEA, 207.9 µg/kg; OTA, 155.6 µg/kg) were much higher than those obtained in the present one (AFB<sub>1</sub>, 37.9 µg/kg; ZEA, 10.4 µg/kg; OTA, 141.9 µg/kg), the reason being that the former was a biased research where only mouldy rice samples were analysed, in contrast to the later where representative samples were used for analysis. Mouldy samples usually contain higher mycotoxin contents than unmouldy ones (Udoh et al. 2000).

AFs (all four compounds) were found in all samples. It has to be emphasized that all samples had AF levels exceeding acceptable limits (10 µg/kg) set by the 77 countries that regulate AFs, including the European Union

**Table 1** Validation method parameters

Mycotoxin	$RF_1$ & $RF_2$ values of toxin in TLC	Detection limit of TLC (µg/kg)	Retention time of toxin in HPLC (mins)	Detection limit of HPLC (µg/kg)	Linearity of HPLC calibration curves	Mean ± SD of recovery rates (%)
AFB <sub>1</sub>	66 & 31	2.0	13.2	0.02	0.9	95.6±5.8
AFB <sub>2</sub>	64 & 26	2.0	9.3	0.01	0.9	93.0±3.7
AFG <sub>1</sub>	60 & 18	3.0	9.6	0.01	0.9	96.7±8.0
AFG <sub>2</sub>	55 & 18	2.0	7.2	0.06	0.9	97.0±7.1
OTA	6 & 67	5.0	11.2	0.0002	0.9	92.8±2.5
ZEA	25 & 65	20.0	13.9	16.0	0.9	91.0±4.0
DON	13 & 20	100	7.9	8.0	0.9	92.0±12.8
FB <sub>1</sub>	25 & 50	50	6.0	10.0	0.9	79.1±11.4
FB <sub>2</sub>	23 & 48	50	12.0	20.0	0.9	84.0 ±3.9
FB <sub>3</sub>	21 & 45	100	10.8	15.0	0.9	69.7±9.0
PAT	34 & 56	20	10.6	5.0	0.9	89.3±12.9
T-2 toxin	30 & 40	20	ND	ND	ND	ND

ND not determined

**Table 2** Frequency and concentration data of the major mycotoxins in Nigerian rice from Niger State

Mycotoxin	Number of samples analysed	Frequency of positive samples by TLC	Frequency of positive samples by HPLC	Concentration ( $\mu\text{g}/\text{kg}$ ) in rice samples as determined by HPLC <sup>a</sup>
AFB <sub>1</sub>	21	21	21	37.2 $\pm$ 14.0 (4.1–309.0)
AFB <sub>2</sub>	21	21	21	8.3 $\pm$ 1.1 (1.3–24.2)
AFG <sub>1</sub>	21	21	21	22.1 $\pm$ 3.4 (5.5–76.8)
AFG <sub>2</sub>	21	19	19	14.7 $\pm$ 2.5 (3.6–44.4)
Total AFs	21	21	21	82.5 $\pm$ 16.9 (27.7–371.9)
OTA	21	14	14	141.7 $\pm$ 25.4(0–341.3)
ZEA	21	6	11	10.6 $\pm$ 2.8 (0–41.9)
DON	21	2	5	18.9 $\pm$ 8.5 (0–112.2)
FB <sub>1</sub>	21	0	3	0.2 $\pm$ 0.2 (0.4–4.4)
FB <sub>2</sub>	21	1	1	6.0 $\pm$ 6.0 (132.5–132.5)
FB <sub>3</sub>	21	0	0	-
PAT	21	0	0	-
T-2 toxin	21	1	NA	NA

NA not analysed

<sup>a</sup> Concentrations are expressed as mean  $\pm$  standard error of mean and range in parentheses

(CAST 2003; EC 2006). OTA was detected in 66.7% of the rice samples. Like AFs, OTA occurred at very high levels (134–341  $\mu\text{g}/\text{kg}$ ) above the maximum tolerated levels (2–50  $\mu\text{g}/\text{kg}$ ) set by the aforementioned international regulatory bodies in cereals for human consumption. ZEA, FB<sub>1</sub> and FB<sub>2</sub> and DON occurred in 52.4%, 14.3% and 23.8% of the rice samples respectively and were found at levels accepted by mycotoxin regulatory agencies. The acceptable limits for ZEA, FBs and DON are 30–200  $\mu\text{g}/\text{kg}$ , <1,000  $\mu\text{g}/\text{kg}$  and 750–2,000  $\mu\text{g}/\text{kg}$  respectively (CAST 2003; EC 2006). This evaluation of mycotoxins in Nigerian rice gives the quality of the cereal with regards to its acceptability for human and animal consumption. The demonstrated presence of AFs and OTA at concentrations above the limits acceptable to world mycotoxin regulatory agencies and the co-occurrences of toxins with possible toxic synergistic effects make this studied rice sample of low quality for human and animal consumption and in fact raises preliminarily national public health concerns.

Although the levels of AF contamination found in this study in rice for human consumption (up to 372  $\mu\text{g}/\text{kg}$ ) are lower than the levels (1,600–12,000  $\mu\text{g}/\text{kg}$ ) that caused deaths in the two fatal outbreaks of AF poisoning in Kenya (Afla-Guard 2005), chronic intake of such toxin levels could synergistically work with other carcinogens, especially hepatitis B virus, to elicit the high primary liver cancer incidence observed in Nigeria (Olubuyide and Solanke 1990). Continuous intake of small doses of AFs could increase still-births and neonatal mortality, immunosuppression with increased susceptibility to infectious diseases such as pneumonia, stunting of growth (Bankole and Adebajo 2003) and HIV/AIDS (Lane 2005).

However, in terms of overall concentration, OTA was the predominant mycotoxin in the rice samples. OTA contamination of cocoa and cocoa products in Nigeria has been documented (Bankole and Adebajo 2003) but very few reports of its incidence in other crops from the country are available. A high level of 150  $\mu\text{g}/\text{kg}$  of the toxin was detected in maize (Sibanda et al. 1997) and mouldy rice (Makun et al. 2007) from northern Nigeria. Ayejuyo et al. (2008) found very low levels of OTA (0.0–2.1  $\mu\text{g}/\text{kg}$ ) in 25 brands of imported rice marketed in Lagos metropolis. The OTA contents in imported rice were all above the international regulatory limit of 5  $\mu\text{g}/\text{kg}$ , and levels in the present study (133.8–305.5  $\mu\text{g}/\text{kg}$ ), and this is because there must have been compliance to the international regulatory limits at the point of processing, packaging and import. The almost 70% frequency of this nephrotoxin at unacceptable amounts in Nigerian-grown rice and maize, which are within the lower limits of OTA concentrations (200–1,000  $\mu\text{g}/\text{kg}$ ) that caused mycotoxic porcine nephropathy in Bulgaria (Stoev et al. 2002), could with other factors, such as malaria, hypertension and diabetes, cause the rising incidences of chronic renal diseases experienced presently in Nigeria as well as animal nephropathy. The lack of renal registry in Nigeria makes the computation of chronic renal disease data difficult; however, available hospital data revealed that chronic renal failure (CRF) accounts for about 10% of medical admissions in Nigeria and an extrapolation of this puts the frequency figure between 200 and 300 patients per million of population (NAN 2008).

While contamination of Nigerian feeds and foods by ZEA (Makun et al. 2007), DON (Adejumo et al. (2007) and

FBs (Bankole et al. 2003) has been reported by several authors, the present study seems to be the first one reporting the occurrence of DON and FBs in rice from Nigeria. ZEA, DON and FBs levels in our rice samples were all below common maximum levels, including the European Union acceptable limit. However, the frequent occurrence of these toxins in rice, which is commonly regarded as a major source of intake of *Fusarium* toxins, should be taken seriously.

The differences in frequency of occurrence and concentrations of the studied mycotoxins with respect to the types of rice sampled (i.e. field, stored and market samples) was also determined and the data presented in Table 3. Although there was no consistent trend, i.e. decrease or increase in mycotoxin incidence and concentrations from field to market, it must also be noted that the market samples were less frequently contaminated with some toxins, and had lower toxin levels than the field and store samples, in particular concerning *Fusarium* toxins. In contrast, little differences were found for AFBs and OTA. Traditional rice farmers grow rice as a source of income (Erenstein and Lancon 2003), so products for the market undergo a second sun drying, winnowing and handpicking of physically damaged and infected grains in order to upgrade the produce. These processes significantly reduce the fungal and mycotoxin contamination (Hell et al. 2000) and might therefore account for the consistently lower incidence and mycotoxin contents of the market samples compared with the field and stored grains.

Co-occurrence of mycotoxins was a common phenomenon in rice from Niger State. The mycotoxin profile shows that the mycotoxin contaminants did not occur singly but in combinations of twos, threes, fours and fives. Dual co-contamination with two types of mycotoxins occurred in a few samples only, with AFBs and OTA only found in three samples, and each sample had AFBs/ZEA or AFBs/FB<sub>1</sub>. Simultaneous contamination with three mycotoxins in one sample was found for AFBs/OTA/ZEA (four samples) and AFBs/OTA/DON (two samples). Two samples each were co-contaminated by four types of mycotoxins (AFBs/OTA/ZEA/FB<sub>1</sub> or AFBs/OTA/ZEA/DON), while one sample contained the combinations AFBs/OTA/ZEA/FB<sub>2</sub> and AFBs/OTA/ZEA/T-2 toxin. One sample contained five types of mycotoxins (AFBs/OTA/ZEA/FB<sub>1</sub>/DON) simultaneously.

The implications of such toxin “cocktails” on human health are presently unknown. However, the interactive effects of mycotoxins in these natural combinations could be synergistic, additive or antagonistic in host organisms (Miller 1995). Interaction between AFB<sub>1</sub> and FB<sub>1</sub>, which is one of the combinations observed, had an additive effect in mice, causing increased injuries to liver and kidneys of the experimental animals (Gelderblom et al. 2002). Other combinations which were observed in the work and have been demonstrated by other workers to exhibit synergistic interactions include AFB<sub>1</sub> and the trichothecenes (Placinta et al. 1999), FB<sub>1</sub> and OTA (Creppy et al. 2004), and FB<sub>1</sub> and ZEA (Luongo et al. 2008). The simultaneous exposure of OTA and AFB<sub>1</sub> to rabbits demonstrated an antagonistic

**Table 3** Frequency and concentrations of mycotoxins in different types of rice samples from Niger State. Concentrations are expressed as the mean  $\pm$  standard error of the mean, with the range in parentheses

Mycotoxins	Field samples (n=10)		Stored samples (n=6)		Market samples (n=5)	
	No. of positive samples	Concentration ( $\mu\text{g}/\text{kg}$ )	No. of positive samples	Concentrations ( $\mu\text{g}/\text{kg}$ )	No. of positive samples	Concentration ( $\mu\text{g}/\text{kg}$ )
AFB <sub>1</sub>	10	60.3 $\pm$ 28.2 (4.0–304.4)	6	12.2 $\pm$ 1.9 (5.6–17.6)	5	21.0 $\pm$ 4.7 (9.9–34.1)
AFB <sub>2</sub>	10	10.0 $\pm$ 2.1 (1.3–22.8)	6	7.7 $\pm$ 1.4 (3.7–13.1)	5	5.4 $\pm$ 1.5 (2.5–11.2)
AFG <sub>1</sub>	10	33.2 $\pm$ 6.3 (8.4–76.8) <sup>a</sup>	6	13.9 $\pm$ 1.5 (7.7–17.4)	5	9.5 $\pm$ 1.6 (5.5–15.6) <sup>a</sup>
AFG <sub>2</sub>	10	17.9 $\pm$ 3.9 (3.6–44.4)	6	16.5 $\pm$ 4.5 (4.4–36.5)	5	6.0 $\pm$ 2.5 (8.7–12.2)
Total AFBs	10	121.8 $\pm$ 31.5(27.7–371.9) <sup>b, c</sup>	6	50.5 $\pm$ 6.4(28.4–72.2) <sup>b</sup>	5	42.0 $\pm$ 2.9(30.8–47.7) <sup>c</sup>
OTA	7	122.0 $\pm$ 30.8(133.8–305.5) <sup>d</sup>	6	261.4 $\pm$ 22.0 (207.7341.3) <sup>d, c</sup>	1	37.6 $\pm$ 37.6(188.2–188.2) <sup>c</sup>
ZEA	6	14.9 $\pm$ 4.8 (11.5–41.9)	4	9.9 $\pm$ 4.7 (11.8–24.)	1	1.7 $\pm$ 1.7 (8.8–8.8)
DON	1	10 7 $\pm$ 10.7 (107.9–107.9)	4	51.5 $\pm$ 21.6 (11.2–112.2)	0	-
FB <sub>1</sub>	1	0.1 $\pm$ 0.1 (1.0–1.0)	2	0.8 $\pm$ 0.72 (0.4–4.4)	0	-
FB <sub>2</sub>	1	13.2 $\pm$ 13.2 (132.5–132.5)	0	-	0	-
FB <sub>3</sub>	0	-	0	-	0	-
PAT	0	-	0	-	0	-
T-2 toxin		NA		NA		NA

NA not analysed

<sup>a-d</sup> Values with the same superscripts are significantly different at  $P \leq 0.05$

interaction between the toxins with regards to teratogenic effects (Wangikar et al. 2005). The complex and varied nature of the effects of mixed mycotoxins is obvious in the synergistic and additive growth depression effects of DON and FB<sub>1</sub> in pigs and broiler chicks respectively (Placinta et al. 1999). DON is antagonistic to T-2 in the inhibition of human lymphocytes proliferation (Speijer and Speijer 2004). The interaction data between four or more mycotoxin species, a recurring feature in the rice samples, are virtually unavailable; however, Speijer and Speijer (2004) postulated that combined exposure to several classes of mycotoxins generally results in an additive effect with a few minor exceptions, indicating synergistic interaction.

A comparison of the mycotoxins profile (quality) of rice from Nigeria and those from major rice exporting countries of South East Asia (Thailand, Philippines, Vietnam, Taiwan, Nepal, Sri Lanka, Bangladesh and Indonesia and Nepal) would provide importing countries with the necessary information to make better choices. This pilot study and others works show that AFs, OTA, ZEA, trichothecenes and FBs are rice toxins found in Nigeria (Makun et al. 2007 and Ayejuyo et al. 2008) and are also indigenous to rice exporting countries of South East Asia (Reddy et al. 2008). The fundamental difference between rice from the two areas is the presence of *Penicillium* toxins; PAT, rubratoxins and the yellow rice disease mycotoxins (citroviridin, luteoskyrin, cyclochlorotine and citrinin) in SE Asian rice (Smith and Moss 1985) have not yet been demonstrated in Nigerian rice. PAT was not found in our rice samples. The near absence of *Penicillium* toxins in Nigerian rice is supported by the findings of an unpublished work conducted in our laboratory (Food, Environment and Health Research Group, University of Johannesburg). The study showed that out of 357 fungal species isolated from Nigeria-grown rice only four were *Penicillium oxalicum*, indicating that *Penicillium* fungi and their mycotoxins are not a problem in rice from Nigeria. The quality of raw Nigerian rice is therefore likely to be better than those from the SE Asian countries.

## Conclusion

In conclusion, although the number of rice samples analysed in this study was limited, the high frequency of mycotoxins, and the high levels of AFs and OTA in particular found in these samples, clearly shows the necessity for increased surveillance. Much more rice samples from different points of processing from around the country should be analysed. At the moment, our results obtained in this pilot work indicated that because of high AF and OTA contamination, a considerable percentage of the rice from the Nigerian market could be regarded as

unsafe for human consumption. In view of the foregoing, it is also recommended that studies to elucidate the possible aetiological roles of AFs and OTA in the increased incidences of liver cancer and nephropathy should be conducted in Nigeria. Finally, the findings also show that regulations concerning maximum levels of mycotoxins in foods in Nigeria are urgently needed.

**Acknowledgements** The authors acknowledge the University of Johannesburg and National Research Foundation of South Africa for funding this study. The rural farmers of Niger State that donated some of the rice samples are duly acknowledged.

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