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ZONETABILITY OF UTILIZING CREDIT FOR ANIMAL TRACTION: A CASE STUDY OF NORTHERN NIGERIA

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The loan terms simulated under the second scenario were similar to those of the first model, were unlikely to be able to sustain AAT beyond the three-year life-span of the expected plan. Farmers were allowed an annual farm size increase of one hectare starting with no lectures in the first year. The annual farm size increase of one hectare becomes common practice after three years of the farms being effectively managed. would gradually decrease. It has been observed that the learning process in AAT usage takes up to four to seven years (Jagger and Saunders, 1988). During the learning process, the farmer increases his experience and increases his holdings. This however, only up to a certain limit which would seem to be about six hectares for a farmer using a pair of oxen under the existing conditions in Northern Nigeria (Sackstein, 1990).

The results of the cash flow analysis for the second scenario are presented in Table 3. The cash flow shows incremental net benefit in the first, second, and third years, of N330.29, 4,799.11, and N304.12, respectively. The total incremental net benefit for the three farmers, was N181,143.58. This amount exceeds the initial investment requirement of N16,117.77 in year four. While this implies that at the end of the process, the farmer could benefit from N164,126.18, respectively. The total incremental net benefit for the three farmers, was N181,143.58. This amount exceeds the initial investment requirement of N16,117.77 in year four. While this implies that at the end of the process, the farmer could benefit from N164,126.18, respectively.

Table 4 presents the results of the cash flow analysis for the second scenario in Table 3. The cash flow shows incremental net benefit in the first, second, and third years, of N330.29, 4,799.11, and N304.12, respectively. The total incremental net benefit for the three farmers, was N181,143.58. This amount exceeds the initial investment requirement of N16,117.77 in year four. While this implies that at the end of the process, the farmer could benefit from N164,126.18, respectively.

Table 4 presents the results of cash-flow analysis under the third scenario. The loan would be unlikely to move beyond the third year, under the assumptions of this model. This is the third year since the initial investment reached its maximum value of 100 million rubles. The negative effect of the third year's interest rate on the cash flow is significant. The cash flow in the third year is 1.5 times lower than in the second year. The cash flow in the fourth year is 1.2 times lower than in the third year. The cash flow in the fifth year is 1.1 times lower than in the fourth year. The cash flow in the sixth year is 1.05 times lower than in the fifth year. The cash flow in the seventh year is 1.01 times lower than in the sixth year. The cash flow in the eighth year is 0.98 times lower than in the seventh year. The cash flow in the ninth year is 0.95 times lower than in the eighth year. The cash flow in the tenth year is 0.92 times lower than in the ninth year. The cash flow in the eleventh year is 0.89 times lower than in the tenth year. The cash flow in the twelfth year is 0.86 times lower than in the eleventh year. The cash flow in the thirteenth year is 0.83 times lower than in the twelfth year. The cash flow in the fourteenth year is 0.80 times lower than in the thirteenth year. The cash flow in the fifteenth year is 0.77 times lower than in the fourteenth year. The cash flow in the sixteenth year is 0.74 times lower than in the fifteenth year. The cash flow in the seventeenth year is 0.71 times lower than in the sixteenth year. The cash flow in the eighteenth year is 0.68 times lower than in the seventeenth year. The cash flow in the nineteenth year is 0.65 times lower than in the eighteenth year. The cash flow in the twentieth year is 0.62 times lower than in the nineteenth year. The cash flow in the twenty-first year is 0.59 times lower than in the twentieth year. The cash flow in the twenty-second year is 0.56 times lower than in the twenty-first year. The cash flow in the twenty-third year is 0.53 times lower than in the twenty-second year. The cash flow in the twenty-fourth year is 0.50 times lower than in the twenty-third year. The cash flow in the twenty-fifth year is 0.47 times lower than in the twenty-fourth year. The cash flow in the twenty-sixth year is 0.44 times lower than in the twenty-fifth year. The cash flow in the twenty-seventh year is 0.41 times lower than in the twenty-sixth year. The cash flow in the twenty-eighth year is 0.38 times lower than in the twenty-seventh year. The cash flow in the twenty-ninth year is 0.35 times lower than in the twenty-eighth year. The cash flow in the thirtieth year is 0.32 times lower than in the twenty-ninth year. The cash flow in the thirty-first year is 0.29 times lower than in the thirtieth year. The cash flow in the thirty-second year is 0.26 times lower than in the thirty-first year. The cash flow in the thirty-third year is 0.23 times lower than in the thirty-second year. The cash flow in the thirty-fourth year is 0.20 times lower than in the thirty-third year. The cash flow in the thirty-fifth year is 0.17 times lower than in the thirty-fourth year. The cash flow in the thirty-sixth year is 0.14 times lower than in the thirty-fifth year. The cash flow in the thirty-seventh year is 0.11 times lower than in the thirty-sixth year. The cash flow in the thirty-eighth year is 0.08 times lower than in the thirty-seventh year. The cash flow in the thirty-ninth year is 0.05 times lower than in the thirty-eighth year. The cash flow in the forty-year period is 0.02 times lower than in the thirty-ninth year. The cash flow in the forty-first year is 0.01 times lower than in the forty-year period. The cash flow in the forty-second year is 0.005 times lower than in the forty-first year.

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Table 2 presents the cash flow analysis under the first repayment scenario. The scenario consists of the central loan terms in the Model reported here. It includes a loan amount of N10,000 with 17% interest rate per annum, a three-years repayment period and a grace period of one year. The loan was to be used in purchasing some of the items listed in Table 1 to enable farmers to cultivate two hectares of land. At the end of the three years, farmers were expected to sell the three cattle in the open market.

The cash flow projections presented in Table 2 were based on the data collected during the field survey and an assumption that the prices of inputs and output increased by the same proportion (Stern-Gutminger, 1984). The rate chosen was 27.74% per annum which was about the average annual rate of increase in consumers' price index for Nigeria in the 1980s (FOS, 1989).

A presentation in Table 2, the incremental net benefits for the average farmer giving a total of N12,751.24 for the three years. For the farmer to be able to invest after the end of the project, he would require capital to cover not only the fixed investment expenses in that year, but also a reasonable proportion of the operating costs and mainly the overheads, that is N16,117.97. This is to meet the total incremental net benefit at the end of the third year.

Table 2 shows that the operating cost of N3,986.63 and family living expenses of N2,401.30 that would be required in the following year. It is evident, therefore, that unaided, farmers in the West

Results and Discussion

Data Collection and Analysis

Table 2 presents the cash flow analysis under the first repayment scenario. The scenario consists of the central loan terms in the Model reported here. It includes a grace period of N10,000 with 17% interest rate per annum, a three-years repayment period and a term of one year. The loan was to be used in procuring some of the items listed in Table 1 to enable farmers to cultivate two hectares of land. At the end of the grace period of one year, the loan was to be settled in the open market.

The cash flow projections presented in Table 2 were based on the data collected during the field survey and an assumption that prices of inputs and output increased by the same proportion (after Githinji, 1984). The rates chosen was 27.7% per annum which was about the average annual rate of increase in consumers' price index for Nigeria in the 1980s (POS, 1989).

As presented in Table 2, the incremental net benefits for the average farmer were N30,292, N3,252.81, and N9,168.11, in the first, second and third years, respectively giving a total of N17,251.24 for the three years. For the farmer to be able to invest in the project, he would need to cover not only the fixed investment expenses in the fourth year, but also a reasonable proportion of the operating cost and family living expenses in that year. Projections made under the assumptions in the preceding paragraphs revealed that N16,117.97 was required for fixed investment in the fourth year and exceeds the total incremental net benefit at the end of the third year. This is not to mention the operating cost of N3,868.63 and family living expenses of N2,140.30 that would be incurred by the farmer in the fourth year. Therefore, the farmer needs to make up the difference between the projected and actual net benefit at the end of the third year.

Source: Field Survey, 1988
Farmers' contribution was Rs 3,362.38.

Table 3: Cash Flow Analysis (Naria) for a Three-Year Repayment Period with One-year Delay

SNO	ITEM	YEAR 1	YEAR 2	YEAR 3
1	Cultivation	1,456.00	3,556.28	6,057.66
2	Interest	1,700.00	1,700.00	850.00
3	Principle repayment	0.00	5,000.00	5,000.00
4	Family living expenses	1,073.71	1,383.79	2,139.70
5	Total Flow	4,629.71	8,105.10	14,046.76
6	Interest	0.00	3,000.00	5,000.00
7	Sale of Crops	4,230.00	8,105.10	13,804.11
8	Sale of Milk	0.00	2,171.58	0.00
9	Transport & Hiring	730.00	932.50	1,191.18
10	Slavery Value of Implications	0.00	0.00	666.00
11	Sale of Pigs	0.00	0.00	11,127.15
12	Total Interest	4,960.00	16,409.18	27,084.94
13	Incremental Net Benefit	330.29	4,769.11	13,421.18
	Total Incremental Net Benefit	118,141.58		

Source: Derived from field survey, 1988.

Table 2: Cash Flow Analysis (Naria) for a Three-Year Repayment Period with a Annual Increase in Farm Size

SNO	ITEM	YEAR 1	YEAR 2	YEAR 3
1	Operating cost	1,700.00	2,370.00	3,028.52
2	Interest	1,700.00	1,700.00	850.00
3	Principle repayment	0.00	5,000.00	5,000.00
4	Family living expenses	1,073.71	1,383.79	2,139.70
5	Total Flow	4,629.71	8,105.10	14,046.76
6	Interest	0.00	3,000.00	5,000.00
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Source: Derived from field survey, 1988.

Table 1: Costs (naira) for the Average Farmer in the First Year of the Model

SNO	ITEM OF COST	AMOUNT (N)	PERCENT OF TOTAL
1	Cattle purchase (two bulls and one cow)	5,066.67	40.98
2	Ox-Ploging and Cultivation	2,666.00	21.95
3	Operating cost	1,856.00	15.01
4	Interest on loan	1,073.71	13.75
5	Farm Building expenses	1,073.71	8.69
6	Total	12,162.38	100

Table 2: Costs (naira) for the Average Farmer in the First Year of the Model

The results of this study indicate that utilizing credit for AT is generally profitable. It was, however, found that because of cash flow problems, a five-year repayment period with one-year delay is likely to be more beneficial to the farmers in terms of sustainability. Increases of one hectare might be more beneficial to the farmers in terms of farm operations, so that planting, weeding, and harvesting could also be achieved through AT. Furthermore, it is suggested that a wider range of implements should be taken into consideration before the cost of these additional implements could also be extended for the heath service should be considered as an integral component of any AT promotion strategy.

Table 3: Cash Flow Analysis (Naria) for a Three-Year Repayment Period with One-year Delay

The results of this study indicate that utilizing credit for AT is generally profitable. In addition, there are benefits to be gained by repaying the debt earlier than the due date. This model, furthermore, to circumvent the problem of labor bottle-necks shifting to other farm operations, utilizes credit for AT. This technology promises to be more beneficial to the farmer, so that planting, weeding, and harvesting would be extended for the first year of the Model. Furthermore, to circumvent the problem of labor bottle-necks shifting to other farm operations, it is suggested that a wider range of implements should be taken into consideration before the cost of these additional implements could also be extended for the heath service should be considered as an integral component of any AT promotion strategy.

The discounted cash flow analysis revealed positive net present value (NPV) for all the four categories in fact, NPV of Nrs 3,828.41, Nrs 9,931.55, Nrs 19,932.92, Nrs 26,486.64, and Nrs 69,311.16, respectively. While found for the first four categories, net benefit at the end of the fifth year exceeds the projected expenses in the sixth year. This suggests that the average work-octen farmer would be able to reinvest in six years after repaying the loan.

The discounted cash flow analysis revealed positive net present value (NPV) for all the four categories in fact, NPV of Nrs 3,828.41, Nrs 9,931.55, Nrs 19,932.92, Nrs 26,486.64, and Nrs 69,311.16, respectively. While found for the first four categories, net benefit at the end of the fifth year exceeds the projected expenses in the sixth year. This suggests that the average work-octen farmer would be able to reinvest in six years after repaying the loan.

Table 4: Cash Flow Analysis (Natra) for a Five-Year Repayment Period with Constant Payments
 Table 5: Cash Flow Analysis (Natra) for a Five-Year Repayment Period with Annual Increases in Farm Size

S/N.	ITEM	YEAR 1	YEAR 2	YEAR 3	YEAR 4	YEAR 5
	Item	Year 1	Year 2	Year 3	Year 4	Year 5
1	Outflow	1,097,528	1,700,000	1,700,000	1,700,000	1,700,000
2	Interest	1,856,000	2,370,85	3,028,52	3,868,63	4,941,79
3	Operating Cost	1,700,000	1,700,000	1,700,000	1,700,000	1,700,000
4	Principle Inv.	0,00	2,500,00	2,500,00	2,500,00	2,500,00
5	Total Outflow	1,073,71	1,383,79	2,139,70	2,401,30	2,891,15
6	Salvage Value	0,00	0,00	0,00	0,00	0,00
7	Salvage of Assets	0,00	0,00	0,00	0,00	0,00
8	Salvage of Net	0,00	0,00	0,00	0,00	0,00
9	Transplanting	0,00	0,00	0,00	0,00	0,00
10	Salvage value	0,00	0,00	0,00	0,00	0,00
11	Salvage of Salvage	0,00	0,00	0,00	0,00	0,00
12	Total Salvage	0,00	0,00	0,00	0,00	0,00
13	Net, Net	330,29	7,269,11	14,995,79	33,327,07	54,378,49
14	Benefit	330,29	7,269,11	14,995,79	33,327,15	54,378,49
15	Total Incremental Net Benefit	5,200,00	1,191,18	1,521,61	1,943,74	0,00
16	Milk	0,00	0,00	0,00	0,00	0,00
17	Cattle	0,00	0,00	0,00	0,00	0,00
18	Sheep	0,00	0,00	0,00	0,00	0,00
19	Total Incremental Net Benefit	5,200,00	0,00	6,612,48	0,00	0,00
20	Transportation/Hiring	730,00	932,00	1,191,18	1,521,61	1,943,74
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23	Cattie	0,00	0,00	0,00	0,00	0,00
24	Total	0,00	0,00	0,00	0,00	0,00
25	Outflow	4,960,00	13,707,08	8,093,48	20,524,57	31,852,81
26	Incremental Net Benefit	330,29	5,752,44	8,49,74	10,904,74	21,094,87
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Total Incremental Net Benefit: \$62,687.50

II. Share of Capital	0.00	0.00	0.00	0.00	18,646.26
of the members					

9. Transient lifetime	730.00	932.50	1191.18	1321.61	1437.1
10. Substrate value	0.00	0.00	0.00	0.00	0.00

30.641 57
35.322 92
41.716 112
48.007 93.100

4. Family life /exp.	1.073,71	1.383,79	2.119,70	2.111,30	2.891,15
3. Principals	0,00	2.500,00	2.500,00	2.500,00	2.500,00

1. Oper-cost	1,856.00	3,556.28	6,057.06	9,671.62	14,825.42
2. Interest	1,704.00	1,700.00	1,724.00	850.00	5,178.00

Hectare Annual Increase in Farm Size

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FEEDING THE FAMILY: NUTRITIONAL PERSPECTIVE

G.M. AKOGUN (MRS.)

BY

Food is one of the necessities of life. It is not enough to just eat but to eat food that is well balanced in order to be healthy.

Therefore, attempt will be made in this paper to highlight the food composition and nutritional needs of family members and meal management.

Food can be regarded as the nutritive materials taken into the body to keep it alive and enable it to grow (Whitney & Haminton 1981). Food is basic to every individual and what he eats will affect his ability to live long. Food is basic to existence and nutrients in the body from food. One obtains nutrients which undergo many transformation and absorption in the body to give him energy to live longer. Food is basic to your health next to the air you breathe and water you drink. Food has been basic to your existence.

Almost any food you eat is composed of dozen or even hundreds of different materials, finer by far than the smallest things that can be seen with most powerful microscope, there are atoms and molecules" (P.A.). Foods are composed of six major nutrients namely - carbohydrates, proteins, fats, vitamins, minerals and water.

Peccham and Graves (1979) gave the literal definition of carbohydrates as hydrated carbon, that is carbon and water. This is so because the hydrogen and oxygen atoms in carbohydrates usually occur in the same proportion as they do in water.

The food we eat comprises of between 50 - 60% carbohydrates. They are referred to as sugars and starches. They are cheap and they store well. Carbohydrates provides energy to the body. The food sources include cereals and tubers.

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Whitney, E.R. et al (1981) expressed that

Composition of Food

Foods are composed of six major nutrients namely - carbohydrates, proteins, fats,

vitamins, minerals and water.

Carbohydrates