

FEDERAL UNIVERSITY OF TECHNOLOGY, MINNA SCHOOL OF INFORMATION AND COMMUNICATION TECHNOLOGY DEPARTMENT OF INFORMATION AND MEDIA TECHNOLOGY

FIRST SEMESTER 2019/2020 EXAMINATION

COURSE CODE: CIT 516

COURSE TITLE: Professional Communication and Personal Growth

Laboratory

CREDIT UNITS: 2

TIME ALLOWED:2 hours

COURSE LECTURER(S): Dr. I. O. ALABI

NUMBER OF QUESTIONS: 5

NUMBER OF PAGES: 3 (INCLUDING THIS PAGE)

INSTRUCTIONS

- Answer ANY FOUR questions
- Do not use red pen
- · Please use a clear handwriting
- · This exam is closed book, closed notes, closed laptop and closed cell phone
- Please use non-programmable calculators only



- 1. a) Define Emotional Intelligence (EI). (3 marks)
 - b) State any FIVE emotions one can assume. (5 marks)
 - c) What is the Key to Emotional intelligence? (2 marks)
 - d) Write briefly on Positive thinking. (5 marks)
- 2 a) Describe Time management and explain any THREE objectives of Time management.
 - b) Explain any FIVE characteristics of Time.
 - c) What are the strategy to gain mastery of Time (15 marks)
- 3. a) Define Brainstorming. (2 marks)
 - b) List the types of Brainstorming techniques you know. (5 marks)
 - c) Explain any TWO Brainstorming techniques. (8 marks)
- 4. a) Define the words "Patience" and "Emotion" (4 marks)
 - b) Express any similarity or disparities between the words. (5 marks)
 - c) State the antonym of the two words in a) (2 marks)
 - d) Identify TWO feelings each that can trigger these antonym characters. (4 marks)
- 5. a) Define a Presentation. (5 marks)
 - b) What are the essentials of a good presentation? (5 marks)
 - c) What are the things that can distort presentations? (5 marks)