

FEDERAL UNIVERSITY OF TECHNOLOGY, MINNA
SCHOOL OF SCIENCE AND TECHNOLOGY EDUCATION
DEPARTMENT OF INDUSTRIAL AND TECHNOLOGY EDUCATION

Course Title: ENVIRONMENTAL HEALTH EDUCATION

Course Code: ITE 515

Course Unit: 2

TIME : TWO HOURS

Session: 2021/2022 FIRST SEMESTER EXAMINATION

Instruction: Answer Any Four Questions Only.

- 1a. Outline vividly the factors that influences ecological models during health promotion and disease prevention programmes.
- 1b. In chronological order, outline the stages in the Transtheoretical Model used in health promotion and disease prevention programmes.
- 1c. Outline the components of effective health communication and social marketing strategies.
- 2a. What is Hygiene.
- 2b. Explain the importance of teaching hygiene to young school children.
- 2c. Identify three hygiene practices.
- 3a. Outline any five basic information to be contained in a personal health record.
- 3b. Discuss five benefits of personal health record.
- 3c. Discuss any three barriers to personal health record.
- 4a. Write short note on the following terms: (i) Personal hygiene (ii) Household hygiene (iii) School and community hygiene.
- 4b. Distinguish between "personal health" and "personal health care".
- 4c. What is personal health record.
- 5a. Explain the concept of "Health".
- 5b. What is health education ?
- 5c. Explain what you understand by Environmental Health Education.
- 6a. Outline ten environmental health services.
- 6b. What is health appraisal ?
- 6c. Explain five purposes of health appraisal of learners in school.